



Brave Conversations: Turning Conflict into Connection

Practical Tools to Achieve Connection During Conflict

Presented by:

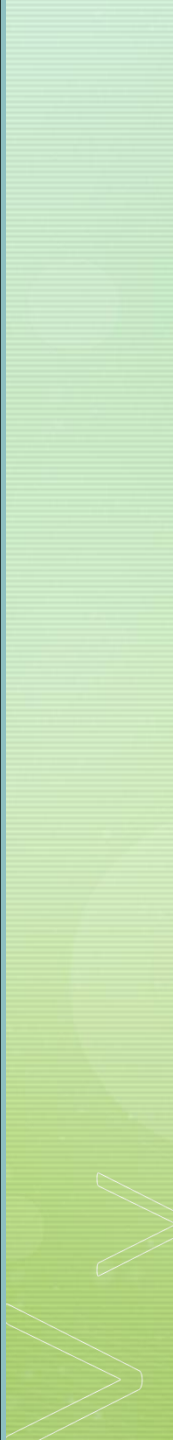
Rick Hauan

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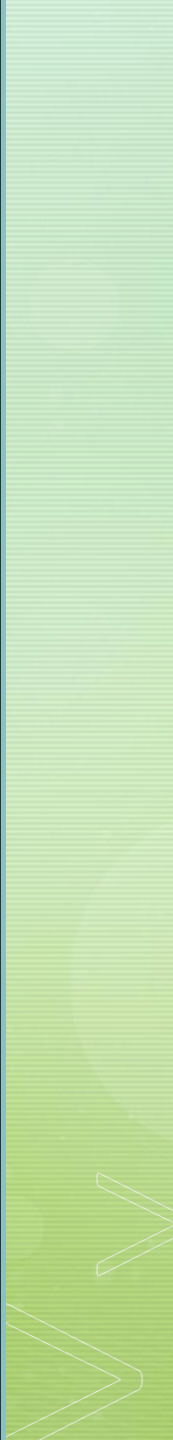


Session Goals

- Understand how to better lead high-stakes conversations with confidence
 - Strengthen trust and build collaborative connections
 - Be able to use listening and focus to achieve positive outcomes
- 



What is a Brave Conversation?

- Stakes are high
 - Emotions run strong
 - Opinions and perceptions vary
 - Lack of clarity for outcomes
 - Strength of message with a frame of understanding
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Big
Idea

“What works for your child is what makes the choice right.”™

What is my
intention/goal

Understanding and
building together = co-
creation

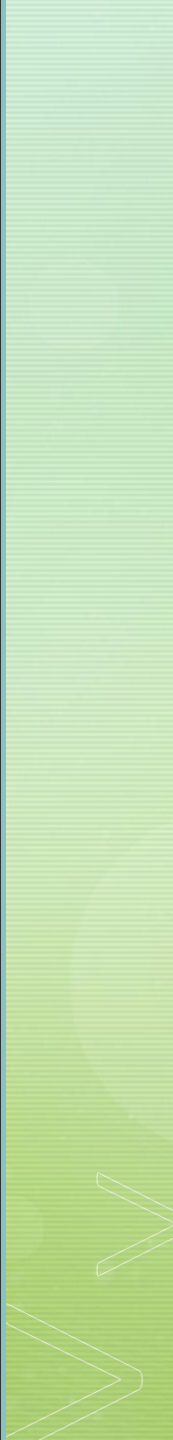


So, what is more important?

- Listening?
- Telling?
- Informing?
- Winning?

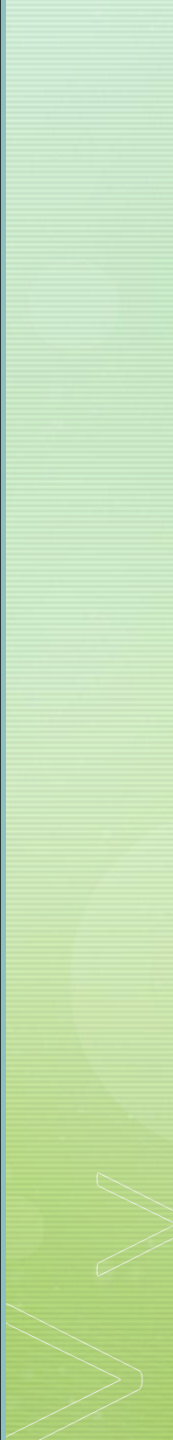


Leading as Parent Leaders

- Model brave conversations
 - Build trust across systems
 - Remember everyone at the table has an equal, but not majority, voice
 - ***Center family voice***
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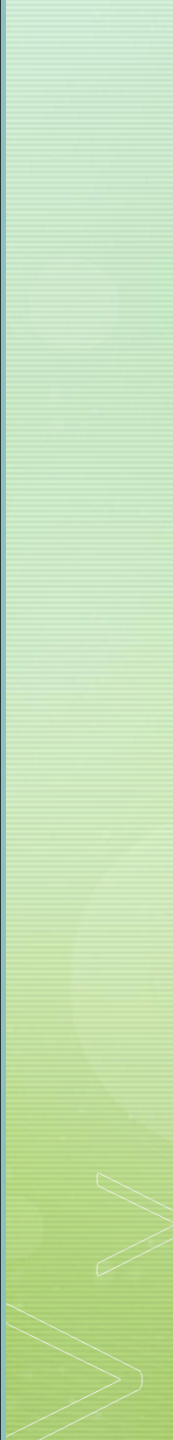


Make It Safe

- Mutual purpose
 - Mutual respect
 - Acknowledge others' perspectives
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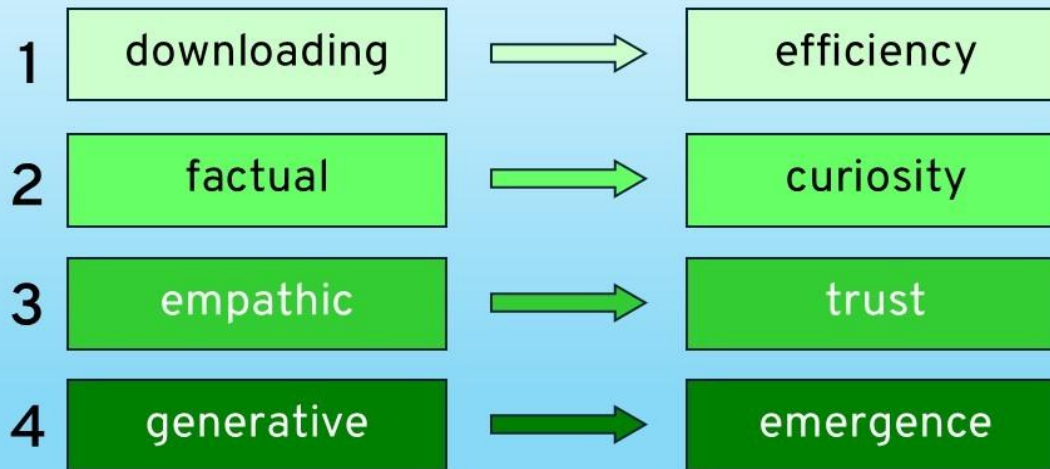


Stay in Dialogue

- Avoid silence (withholding)
 - Avoid violence (controlling)
 - Aim for shared meaning (understanding)
 - Share goals
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Listening for Understanding

Scharmer's 4 Levels of Listening



Advocacy
Shift

From pushing →
co-creating

From reacting →
responding

From winning →
transforming

Pitfalls



Moving too
fast



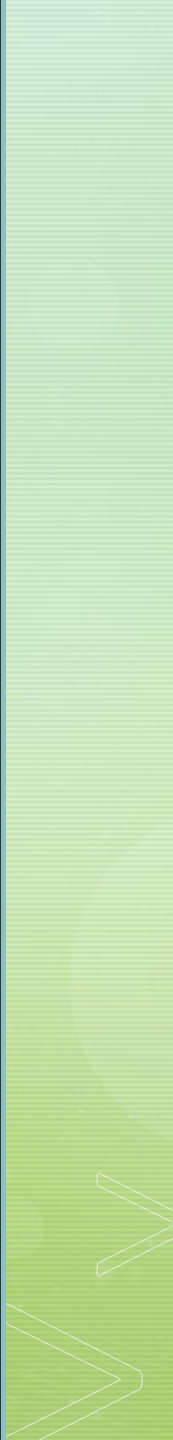
Assuming
intent



Ignoring
systems



Repair When Things Go Wrong

- Acknowledge impact as *soon* as you are able
 - Rebuild safety
 - Recommit to shared purpose
 - Reframe to achieve understanding
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Move to
Action



Define next
steps



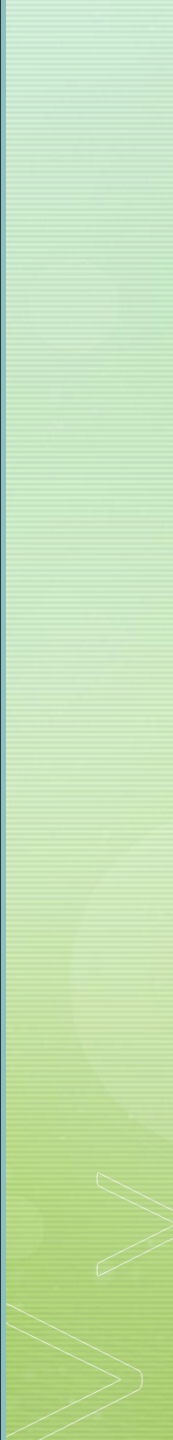
Assign
responsibility



Follow up



Tools You Can Use

- Conversation planner
 - Meeting and communication agreements
 - Boundary scripts
 - Reflection prompts
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Endurance
and
Understanding



Listen
deeply



Show up
intentionally

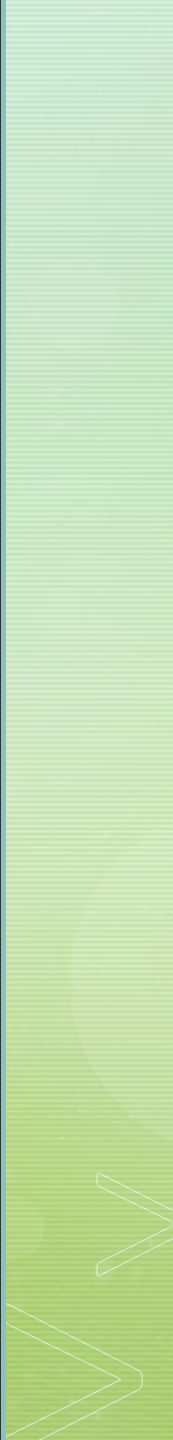


Co-create
solutions



Closing

- Brave conversations build stronger families, systems, and communities
 - Lead high-stakes conversations with confidence and grace
 - Strengthen trust by building collaborative connections
 - Use Listening and Clear communication to achieve positive outcomes
 - Understanding is generative and connecting

 - Thank you
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Questions

Rick Huan

Rick.Huan@gmail.com

360.609.6722

References

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